



F&C Number Signaling Method

When signaling numbers place your body square to the "receiver". Pat out the numbers SLOWLY, When the number to be signaled contains more than one digit (ex. #83), signal the second digit on the opposite side with a short pause between.

For Numbers 1, 4 & 7
PAT the SHOULDER
Once for One
Twice for Four
Three times for Seven

For Numbers 2, 5 & 8
PAT the **ELBOW**Once for Two
Twice for Five
Three times for Eight



NUMBER SIGNAL Indicates you are going to signal a number

For the Number 0
Start at the SHOULDER
Slide the Upper
Hand Down the
Extended Ann

